**Role description**

**Champion for Trauma informed aged care for Forgotten Australians and Care Leavers**

The Champion is a critical team member in our implementation of trauma aware and healing informed practice for Forgotten Australians and Care Leavers.

Champions have three main purposes:

1. To support the implementation of trauma aware, healing informed practices across the service
* Raise awareness of trauma aware and healing informed practice within the service
* Support the service’s connections to care leaver support services
* Provide guidance and leadership to support a culture of trauma aware and healing informed practice
* Recognise and advocate for change where practice, policy or procedure is not trauma aware and healing informed
* Support other champions within the service
* Advocate for the recognition and commemoration of anniversaries and dates that may be important to, or difficult for, care leavers
* Encourage others in the community to develop knowledge about trauma aware and healing informed care for Forgotten Australians and Care Leavers
1. To provide support and advice to staff to deliver trauma aware and healing informed practice
* Encourage and support staff to undertake training in trauma aware and healing informed care
* Lead debriefing and team discussions about trauma aware and healing informed care
* Be a point of contact for staff to raise concerns and ask questions and create a safe environment for open conversations to encourage learning among the workforce
* Support staff where the provision of trauma aware and healing informed care impacts or may impact on their wellbeing. This may include encouraging someone to access the Employee Assistance Program or other external support service
1. To support residents who identify as a Forgotten Australians or Care Leavers, or who demonstrate behaviours that could be related to childhood trauma
* Connecting with residents and their families on issues related to their care that are impacted by the childhood experiences
* Ensuring residents and families are provided with information about care leaver support services
* Supporting staff discussions that explore behaviours and concerns that may be based in childhood trauma
* Encourage the engagement of residents with lived experience in their participation in the life of the service, including advisory or governance opportunities as appropriate

Champions will:

* Observe resident or staff requests for confidentiality unless otherwise required for safety or wellbeing
* Be mindful of their own wellbeing and seek support if required
* Have undertaken, at a minimum, the Real Care the Second Time Around training module